



September 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Recreation office phone # 212-534-6464 Ext. 5131	The Recreation team is Janet, Noemi & Tyler. We are on site 7 days a week and our office is on C-Level	(AR) = Activity Room (LB) = Lobby (CY) = Courtyard All times are subject to change.	1 9am Morning Social 10am Exercise 11am Cardio 2pm Food Committee 3pm Spanish Class 7pm Movie	2 9am Morning Social 10am Exercise 11am Cardio 2pm HPH Talk 3pm Painting Class 7pm Movie	3 9am Morning Social 10am Exercise 11am Dance with Music 2:00 Music with Joe Pace 3pm Coloring Fun 7pm Movie	4 9am Morning Social 10am Exercise 11am Music Madness 2pm Nail Art Fun 3pm Patio Time 7pm Movie
5	6	7	8	9	10	11
9am Morning Social 10am Exercise 11am Central Park Walk 1pm Catholic Service 3pm Bingo 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Fun with Markers 3pm Line Dancing 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 1:30pm Lecture for Rosh Hashana 2:30 Music with Cozy 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm karaoke fun 3pm Arts and Crafts 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Sand Art Fun 3pm Memory Game 7pm Movie	9am Morning Social 10am Du Dance 11am Laughter and fun 2pm Table Games 3pm Water Melon Social 7pm Movie	9am Morning Social 10am Gardening 11am Music Madness 2pm WII Game 3pm Patio Time
12	13	14	15	16	17	18
9am Morning Social 10am Exercise 11am Central Park Walk 1pm Catholic Service 3pm Bingo 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Art Class 3pm Word Games 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Cookie Designing 3pm Dance with Music 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Kol Nidre 3pm Jewelry Creation 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Woodcraft Fun 3pm Name That Tune 7pm Movie	9am Morning Social 10am Exercise 11am Ball Toss 2pm Music with Anthony 3pm Embroidery Fun 7pm Movie	9am Morning Social 10am Exercise 11am Music Madness 2pm Nail Art Fun 3pm Patio Time 7pm Movie
19	20	21	22	23	24	25
9am Morning Social 10am Exercise 11am Central Park Walk 1pm Catholic Service 3pm Bingo 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Suncatchers Art 3pm Charades Fun 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Ceramics Painting 3pm Ice cream Social 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Music with Gene 3pm Spanish Class 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Spelling Bee 3pm Music Madness 7pm Movie	9am Morning Social 10am Tai Chi 11am Ball Toss 2pm Riddles Fun 3pm Mosaic Fun 7pm Movie	9am Morning Social 10am Exercise 11am Music Madness 2pm Nail Art Fun 3pm Patio Time 7pm Movie
26	27	28	29	30		
9am Morning Social 10am Exercise 11am Central Park Walk 1pm Catholic Service 3pm Bingo 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Dice Game 3pm Music Madness	9am Morning Social 10am Exercise 11am Cardio 2pm Music with Henry 3pm Resident Council Meeting 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Spanish Class 3pm Dance with Music 7pm Movie	9am Morning Social 10am Exercise 11am Cardio 2pm Velvet Art Fun 3pm Music Madness	SALON SERVICE EVERY TUESDAY @ 9:00 am	

